# WARMING UP! [PAGE 27]

# Warming Up! | Q 1.1 | Page 27

Think and respond with 'YES' or 'NO'.

When you are faced with a very serious problem or some grave danger, what do you experience?

Yourfeelings	panic
	wishing you were never born
	hopelessness
	helplessness
	noemotion
	calmness and composure
	willingness to tackle it
Your reactions	break down and cry
	run away and hide
	pray to God
	ask for help
	build up courage
	take it as a challenge

# SOLUTION

Yourfeelings	panic	No
	wishing you were never born	No
	hopelessness	No
	helplessness	No
	noemotion	No
	calmness and composure	Yes
	willingness to tackle it	Yes
Your reactions	break down and cry	No
	run away and hide	No
	pray to God	Yes
	ask for help	Yes

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build up courage	Yes
take it as a challenge	Yes

# Warming Up! | Q 1.2 | Page 27

Write about your feelings and reactions in 4-5 lines. You may describe your feelings and reactions using other words than those given here

## SOLUTION

When I find myself in trouble, facing a serious problem, I experience a lot of stress. A part of me just wants to run away from the problem and simply avoid dealing with it. I feel worried, angry, and edgy. But then I try to calm myself down by taking deep breaths. I prepare myself mentally to boldly overcome the obstacle and move forward again.

#### Warming Up! | Q 1.3 | Page 27

Form groups of four. Discuss what you actually feel and do in difficult situations and some of the things you could do and would like to do in those situations.

## SOLUTION

Do it Yourself.

## Warming Up! | Q 2 | Page 27

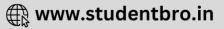
Guess what the following symbolise and match the pairs.

(1) a tall mountain	(a) beauty
(2) a dark night	(b) freedom
(3) a rose	(c) deep distress
(4) sunrise	(d) anger
(5) a flying bird	(e) strength/firmness
(6) thunder	(f) hope

# SOLUTION

(1) a tall mountain	(e) strength/firmness
(2) a dark night	(c) deep distress
(3) a rose	(a) beauty
(4) sunrise	(f) hope





(5) a flying bird	(b) freedom
(6) thunder	(d) anger

# ENGLISH WORKSHOP [PAGE 29]

# English Workshop | Q 1. (a) | Page 29

#### Choose the correct option :

Out of the night that covers me, Black as the Pit from the pole of pole \_\_\_\_\_

- 1. There is a pit between two poles which you cannot see at night
- 2. I am in a pit that is covered with a black sheet.
- 3. The circumstances are as bad as they can be with nothing to hope for from any corner.

# SOLUTION

Out of the night that covers me, Black as the Pit from the pole of the pole <u>The</u> <u>circumstances are as bad as they can be with nothing to hope for from any</u> <u>corner.</u>

## English Workshop | Q 1. (b) | Page 29

#### Choose the correct option :

In the fell clutch of circumstance, I have not winced nor cried aloud

- 1. I fell down and cried aloud.
- 2. I have not expressed my grief even when I had to suffer great pains.
- 3. I freed myself from a difficult situation and cried.

## SOLUTION

In the fell clutch of circumstance, I have not winced nor cried aloud <u>I have not</u> expressed my grief even when I had to suffer great pains.

## English Workshop | Q 1. (c) | Page 29

#### Choose the correct option :

Under the bludgeonings of chance, My head is bloody \_\_\_\_

- 1. I have suffered many setbacks and losses, for which there was no reason.
- 2. I got hurt due to my own faults.
- 3. My enemies hit me till I started bleeding

## SOLUTION

Under the bludgeonings of chance, My head is bloody <u>I have suffered many setbacks</u> and losses, for which there was no reason.

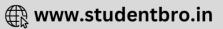
# English Workshop | Q 1. (d) | Page 29

#### Choose the correct option :

And yet the menace of the years, Finds, and shall find, me unafraid

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- 1. My enemies threaten me but cannot find me.
- 2. A great bully found me once, but shall not find me in the future.
- 3. Even though I am growing old, I am not, and shall not be, afraid.

### SOLUTION

And yet the menace of the years, Finds and shall find, me unafraid <u>Even though I am</u> growing old, I am not, and shall not be, afraid.

### English Workshop | Q 1. (e) | Page 29

#### Choose the correct option :

How charged with punishments the scroll, \_\_\_\_\_.

- 1. The scroll is very expensive.
- 2. I may have to pay for many of my mistakes.
- 3. I have to pay money as punishment.

#### SOLUTION

How charged with punishments the scroll, <u>I may have to pay for many of my</u> mistakes.

#### English Workshop | Q 1. (f) | Page 29

Choose the correct option :

I am the master of my fate : \_\_\_

- 1. I take responsibility for everything that happens in my life.
- 2. My fate is my master's.
- 3. I am the master of this world.

#### SOLUTION

I am the master of my fate: <u>I take responsibility for everything that happens in my</u> life.

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#### English Workshop | Q 1. (g) | Page 29

### Choose the correct option :

I am the captain of my soul.

- 1. I am the captain of a team.
- 2. My soul is the captain of my team.
- 3. My actions are the result of my own feelings.

## SOLUTION

#### My actions are the result of my own feelings.

English Workshop | Q 2 | Page 29 Write the rhyme scheme of the poem.

#### SOLUTION

The Rhyme Scheme of the poem is abab, cdcd, efef, ghgh.

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English Workshop | Q 3 | Page 29 Read the poem : 'Where lies the land...' by A. C. Clough.

# SOLUTION

Do it Yourself.

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